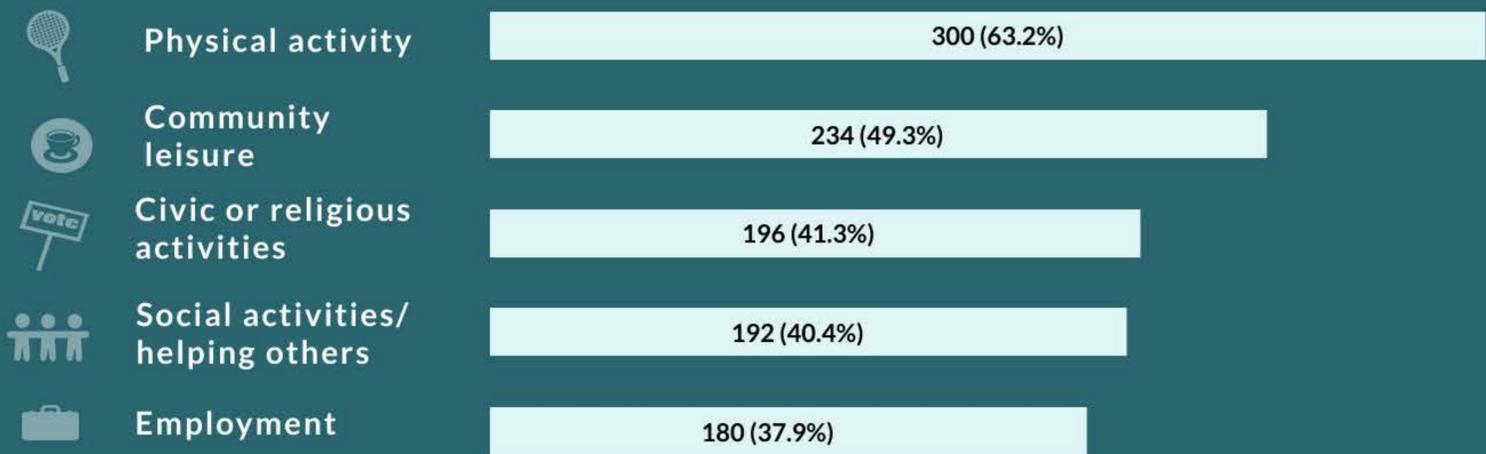


# Longitudinal Study of People Aging with Long-Term Physical Disabilities: Activity Participation

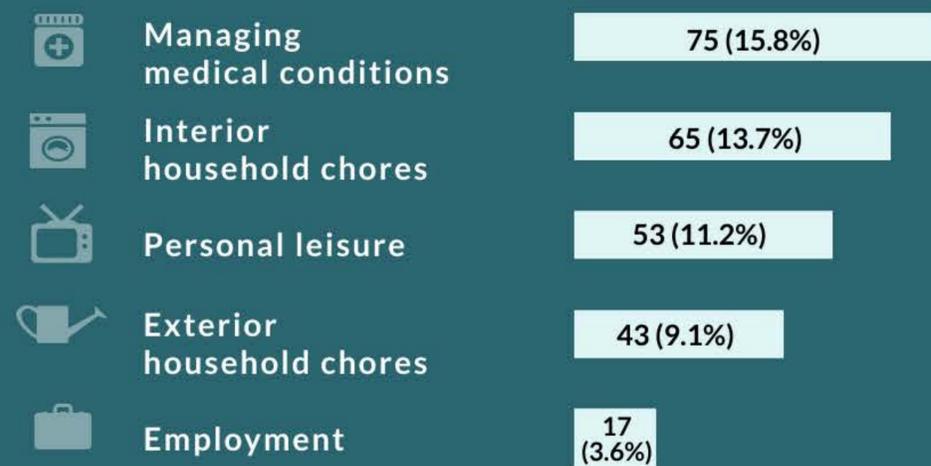
We surveyed 475 people with disabilities who are between the ages of 45 and 65 about their health and community participation to learn more about the needs of people aging with disabilities in the community.

We asked respondents how frequently they participate in 9 activities and how they feel about the amount of time they usually spend on each activity. These are the top five responses from the first year of the 3-year study.

## Want to spend **more** time on...



## Want to spend **less** time on...



## Spend the **right amount** of time on...

